




Glenbrook to Red Hands Cave (via Jellybean Pool)

(Dharug & Gundungurra Country)

 1 h 45 min to 2 h

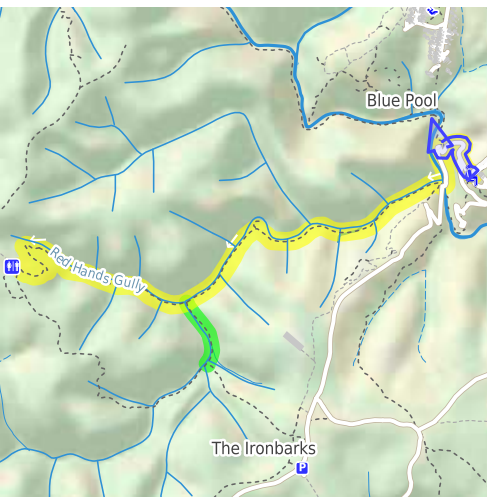
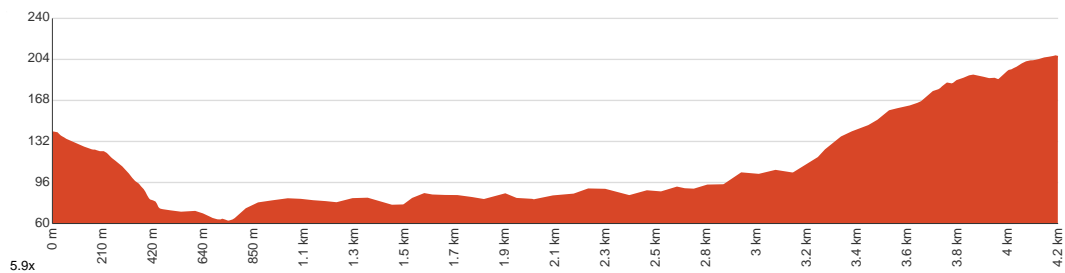

4.2 km
One way


↑ 184 m
↓ 118 m


Hard track



This walk takes you across Glenbrook Gorge and up Campfire Creek to Red Hands Cave. The walk is quite serene and you can enjoy some peace as you wander along the trail to the art in Red Hands Cave. The side trip to the grinding grooves is worthwhile to complement the cave art. Let us begin by acknowledging the Dharug & Gundungurra people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



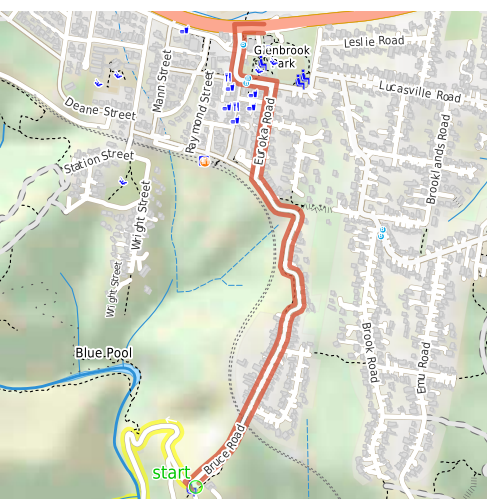
Class 4 of 6

Rough track, where fallen trees and other obstacles are likely

Quality of track	Rough track, where fallen trees and other obstacles are likely (4/6)
Gradient	Short steep hills (3/6)
Signage	Minimal directional signs (4/6)
Infrastructure	Generally useful facilities (such as fenced cliffs and seats) (1/6)
Experience Required	Moderate level of bushwalking experience recommended (4/6)
Weather	Storms may impact on navigation and safety (3/6)

Getting to the start: From Hamment Place

- Turn on to Ross Street then drive for 275 m
- Turn right onto Eureka Road and drive for another 1.5 km
- Turn left and drive for another 15 m



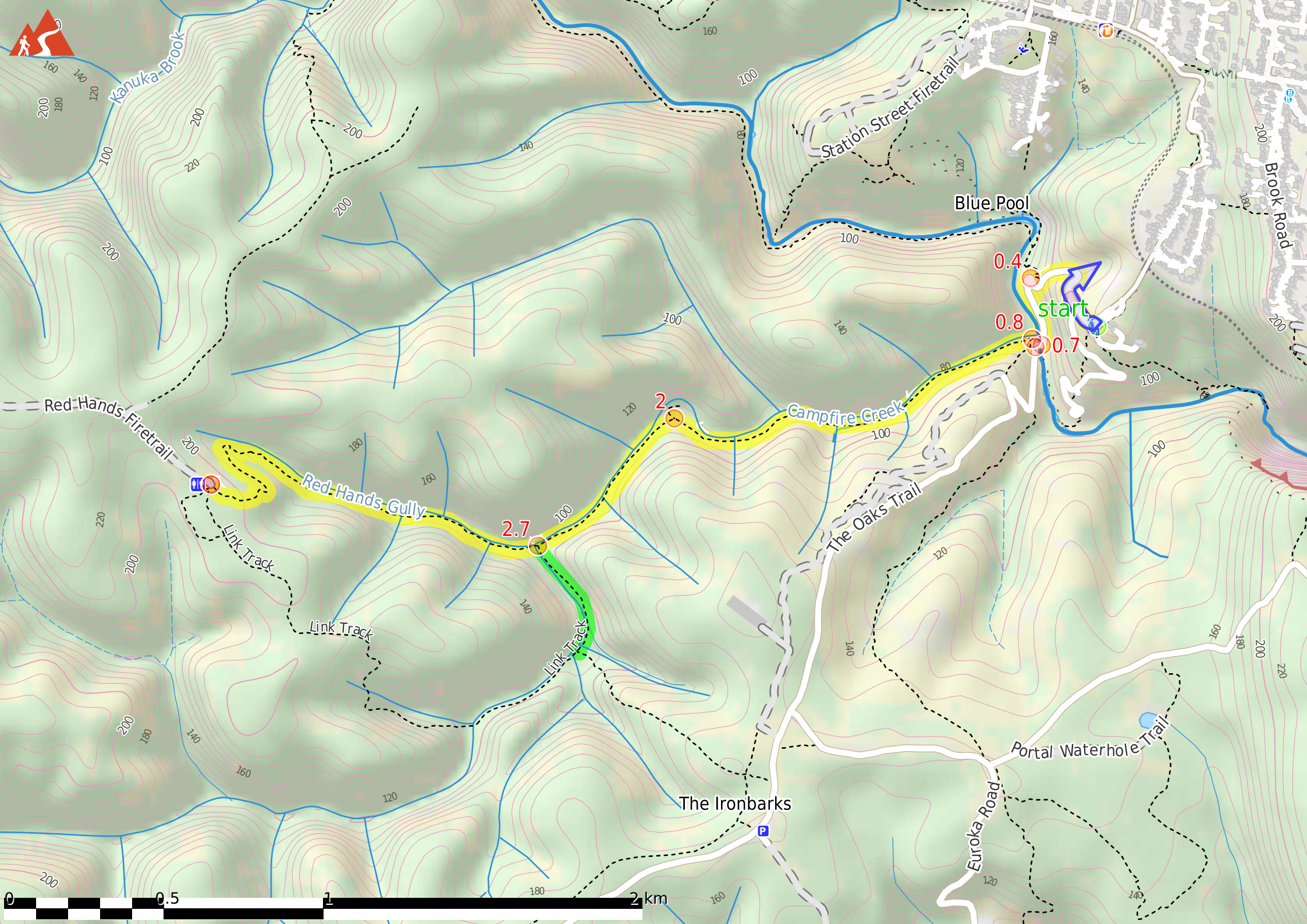
Before you start any journey ensure you;

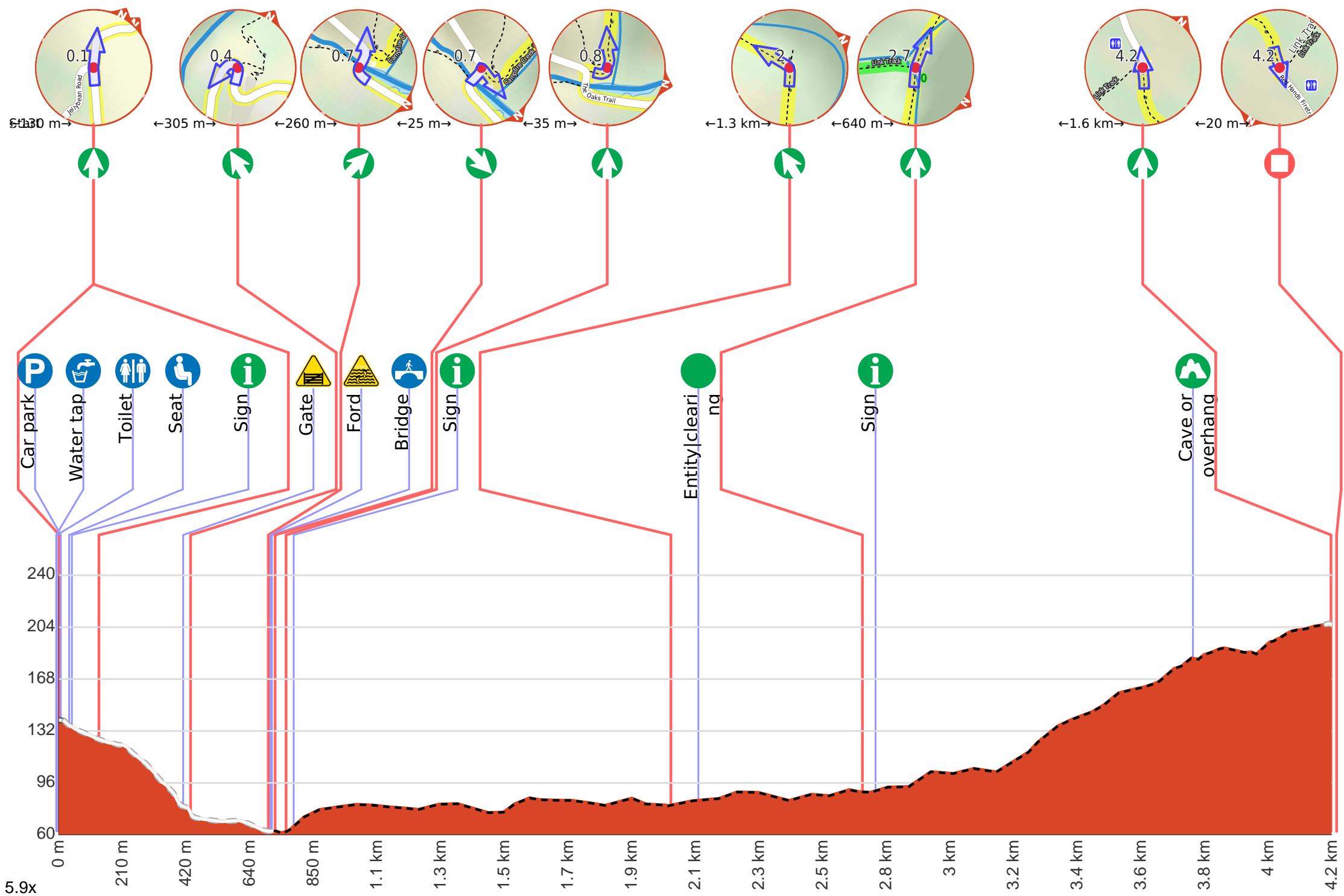
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

Share
[Bushwalk.com](https://bushwalk.com/j/3KG9I5)
[/j/3KG9I5](https://bushwalk.com/j/3KG9I5)

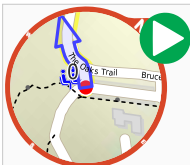






Getting started: From the bottom of the car park in front at the visitor information centre, the walk follows the direction of the 'Jellybean Pool' sign down the hill. The path leads down the hill passing two benches (on the right) and then descends track (and steps) into the bush. The track winds down the hill for a while, crossing a road two times on the way. The walk comes to the road a third time, just before the end of the sealed section, at a large gravel clearing (Jelly Bean Pool car park). The walk continues down the car park to the bins at the bottom, near a 'Jelly Bean Pool' sign.

From the bins at the bottom of Jellybean Pool car park, the walk heads down the hill to the 'Jellybean Pool' sign next to the stairs. The walk heads down the stairs and soon turns right, under the rocks. The track then leads below the rocks and turns left, down the metal stairs to the rock platform above Jellybean Pool.



Start.



Find the car park at the start.



After another 15 m **veer left**, to head along The Oaks Trail.



There is water tap (about 30 m back from the start).



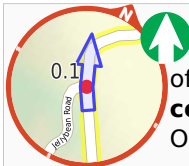
There is a toilet (about 25 m back from the start).



After 40 m pass a seat (20 m on your left).



After another 9 m pass the sign.



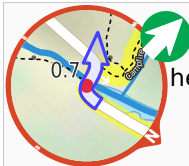
After another 90 m (at the intersection of The Oaks Trail & Jellybean Road) **continue straight**, to head along The Oaks Trail.



After another 280 m head through/around the gate.



After another 25 m **veer left**, to head along The Oaks Trail.



After another 260 m **veer right**, to head along The Oaks Trail.



After another 8 m cross the "Glenbrook Creek Crossing".



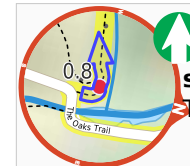
Then find the "Glenbrook causeway" (on your right).



Glenbrook causeway is the only way for vehicles to cross Glenbrook Creek. It is a concrete road, with a raised gutter for pedestrians to cross the creek. The causeway is subject to flooding. Glenbrook causeway is a crossing point for many of the popular walks throughout the Glenbrook Valley area.



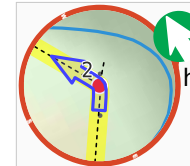
After another 10 m **turn sharp right**.



After another 35 m **continue straight**, to head along Campfire Creek Track.



After another 25 m pass the sign (on your left).



After another 1.3 km **veer left**, to head along Campfire Creek Track.

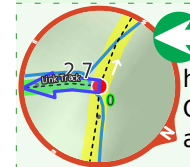


After another 90 m find the "Camp Fire Creek rocks" (20 m on your right).

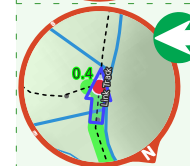


This large rock platform is situated above Camp Fire Creek. It has a some shade and room for a group to stop for lunch. A quite spot to rest. The rock slopes of the edge steeply and is unfenced, care is needed.

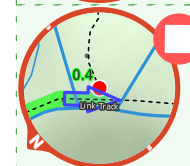
Start of an optional side trip: An optional side trip to Axe Grinding Grooves.



To start this optional side trip turn left here. at the intersection of Campfire Creek Track & Link Track **Start** heading along *Link Track* (a walking track).



After another 430 m **turn left**.



After another 10 m come to the end.

"Axe Grinding Grooves".



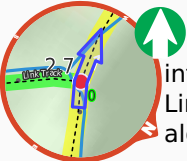
These well-defined axe grinding grooves are found on the sandstone bed of Camp Fire Creek. The grooves were formed by Aboriginal people when sharpening axes (or forming axe blanks). Rubbing the axe blanks would sharpen the stone into a more useful tool, and the process would also wear the sandstone, leaving these markings. These sites are typically found near water, as the water was added to make the stone more abrasive. Sites like this will fade in time due to erosion of the sandstone - please help them last as long as possible by not walking on, or close to the grooves.



Turn around and retrace your steps back the 440 m to the main route.



Back at the main route turn left and follow on from the 2.7 km waypoint.



After another 540 m (at the intersection of Campfire Creek Track & Link Track) **continue straight**, to head along Campfire Creek Track.



After another 45 m pass the sign (on your left).



After another 1.1 km find the "Red Hands Cave" (on your left).



Red Hands Cave, in the Glenbrook area of the Blue Mountains National Park, is found near the end of Red Hands Cave fire trail. The cave has quite a few hand stencils and prints of various colours (including red). The cave is well protected, with a perspex and steel cage. There are some information signs and some artifacts to help visitors learn more about the people who made these prints over 1600 years ago. In 1913, when searching for a lost child, this cave was found by Europeans and is now protected.



After another 460 m (at the intersection of Red Hands Firetrail & Red Hands Cave Walking Track) **continue straight**, to head along Red Hands Firetrail (a vehicle track).



After another 20 m come to "Red Hands Cave Picnic Area".



Red Hands Cave Picnic Area is found at the end of the Red Hands Cave Fire Trail in the Glenbrook area of the Blue Mountains National Park. The small picnic area is next to the car park and has a couple of platforms (to act as both a table and seat) as well as a fire place and toilet. The toilet itself is wheelchair accessible, but access to the toilet is over moderately rough terrain. A good spot to rest when exploring Red Hands Cave.



About 45 m past the end is a toilet.



The end.