



Mount Barney Creek via Lower Portals

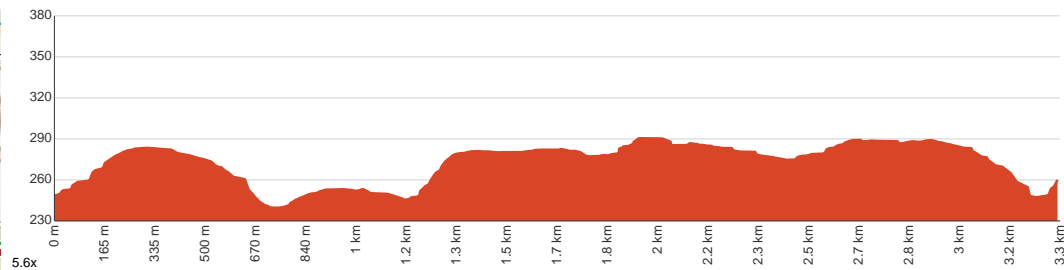
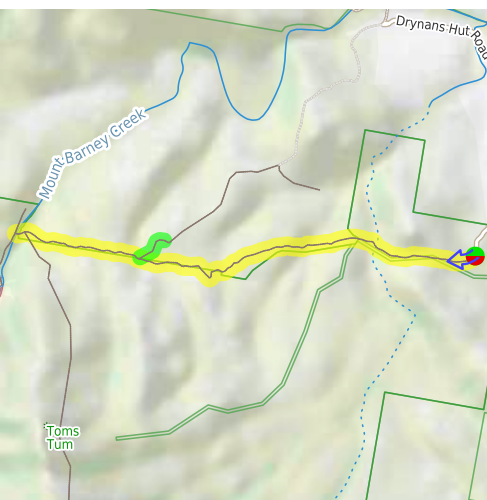
2 h 30 min to 4 h
1 h 15 min to 2 h

6.7 km
Return

↑ 255 m
↓ 255 m

4
Hard track

Starting from Lower Portals Carpark, Mount Barney, this return walk takes you to the swimming hole along Mount Bartney Creek via the Lower Portals Track, optionally visiting Five Peaks View Lookout along the way. An undulating straight track going through the diverse vegetation will take you to a gorgeous rock pool, sitting beautifully amidst nature. Don't be shy, jump in and enjoy the cool waters of Mount Barney Creek and listen to the peaceful sounds of the forest to relieve some stress. You can pack some food and have a little creekside picnic after the refreshing swim if you'd like to. If lucky, you might even spot a Goanna whilst eating. Take the side trip and visit the lookout if you have time, you'll be surprised how much you can see from there. Take plenty of water as the track is quite exposed and hot, even in winter. You may want to opt for an early morning walk if you'd like to avoid the relentless heat. This track may involve a little bit of rock hopping. Let us begin by acknowledging the Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 4 of 6
Rough track, where fallen trees and other obstacles are likely

Quality of track	Formed track, with some branches and other obstacles (3/6)
Gradient	Very steep (4/6)
Signage	Minimal directional signs (4/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Storms may impact on navigation and safety (3/6)

Getting to the start: From , Rathdowney.

Before you start any journey ensure you;

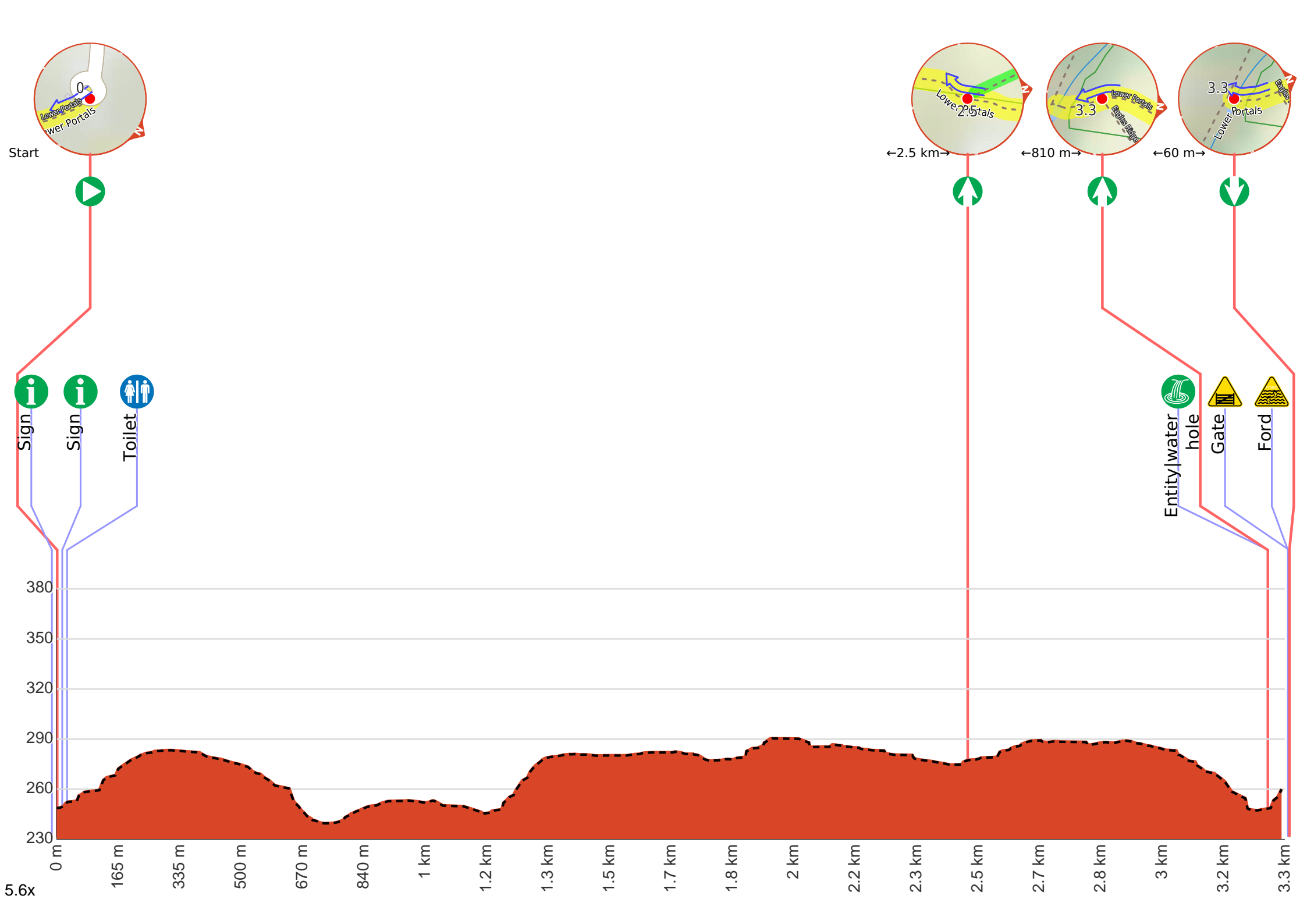
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

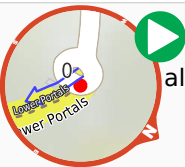
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Getting started: From the dirt car park off Lower Portals Road (1.48 km west of intersection with Seidenspinner Road), head west along the well-formed walking track (Lower Portals) as it leads you into the woodland. Stay on the designated track and keep moving in the same direction to continue along Mount Barney Creek via Lower Portals Track. Keep an eye out for ribbons/tapes for guidance.



From the Lower Portals **Start** heading along *Lower Portals* (a walking track).



Then pass the sign.



Find the Mount Barney National Park at the start.

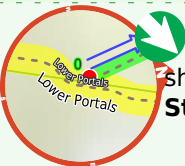


After another 15 m pass the toilet (15 m on your right).



After another 670 m (at the intersection of Lower Portals & Rocky Creek) **continue straight**, to head along Lower Portals.

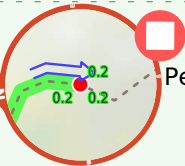
Start of an optional side trip: This optional side trip takes you to the Five Peaks View Lookout, where you can see multiple mountain peaks all around, hence the name.



To start this optional side trip turn sharp right here. from the Lower Portals **Start** (a walking track).



After another 220 m come to "Five Peaks View".



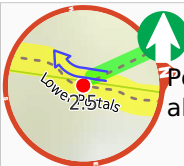
Continue another 0 m to find Five Peaks View at the end.



Turn around and retrace your steps back the 220 m to the main route.



Back at the main route continue straight and follow on from the 2.5 km waypoint.



After another 1.8 km (from the Lower Portals) **continue straight**, to head along Lower Portals.



After another 810 m find the "swimming hole" (on your right).



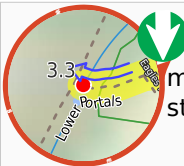
At the intersection of Lower Portals & Eagles Ridge **continue straight**.



After another 60 m head through/around the gate.



Then cross the ford (about 4 m long)



Turn around here and retrace the main route for 3.3 km to get back to the start.