



Centre Track (Guringai Country)

 2 h 15 min to 2 h 30 min

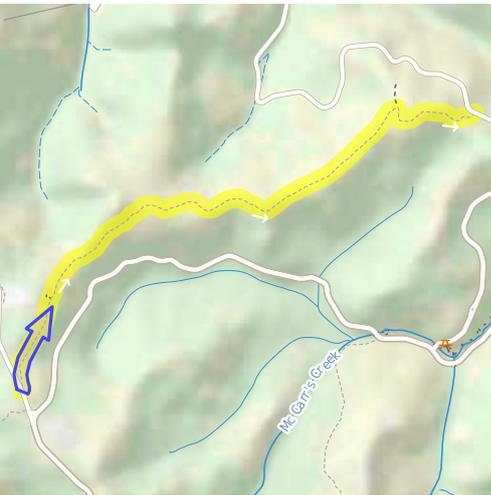
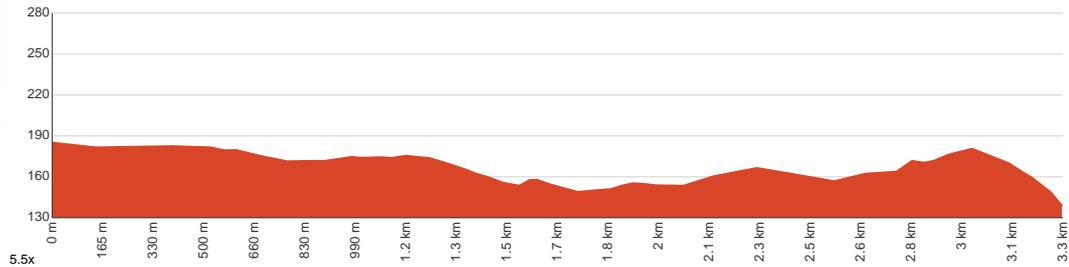

6.6 km
Return


↑ 157 m
↓ 157 m


Moderate track



This interesting walk explores a rocky ridge top of Ku-ring-gai Chase National Park. The walk is through heathland that flowers in a mass of colour in spring. The track also visits a tessellated pavement and some Aboriginal engravings. Let us begin by acknowledging the Guringai people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 3 of 6 Formed track, with some branches and other obstacles	
Quality of track	Clear and well formed track or trail (2/6)
Gradient	Short steep hills (3/6)
Signage	Directional signs along the way (3/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Weather generally has little impact on safety (1/6)

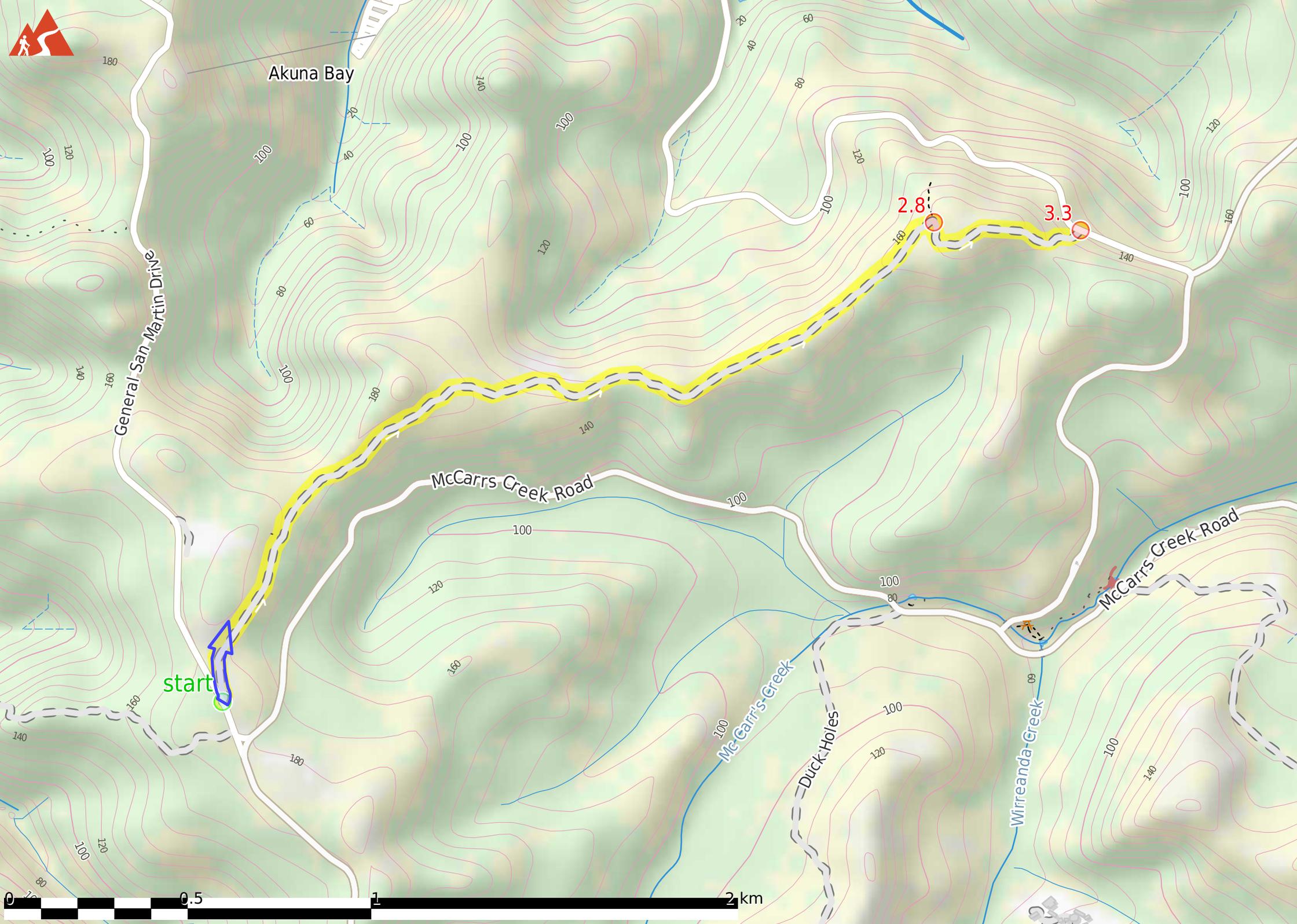
Before you start any journey ensure you;

- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

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Akuna Bay

General San Martin Drive

McCarrs Creek Road

McCarrs Creek Road

start

2.8

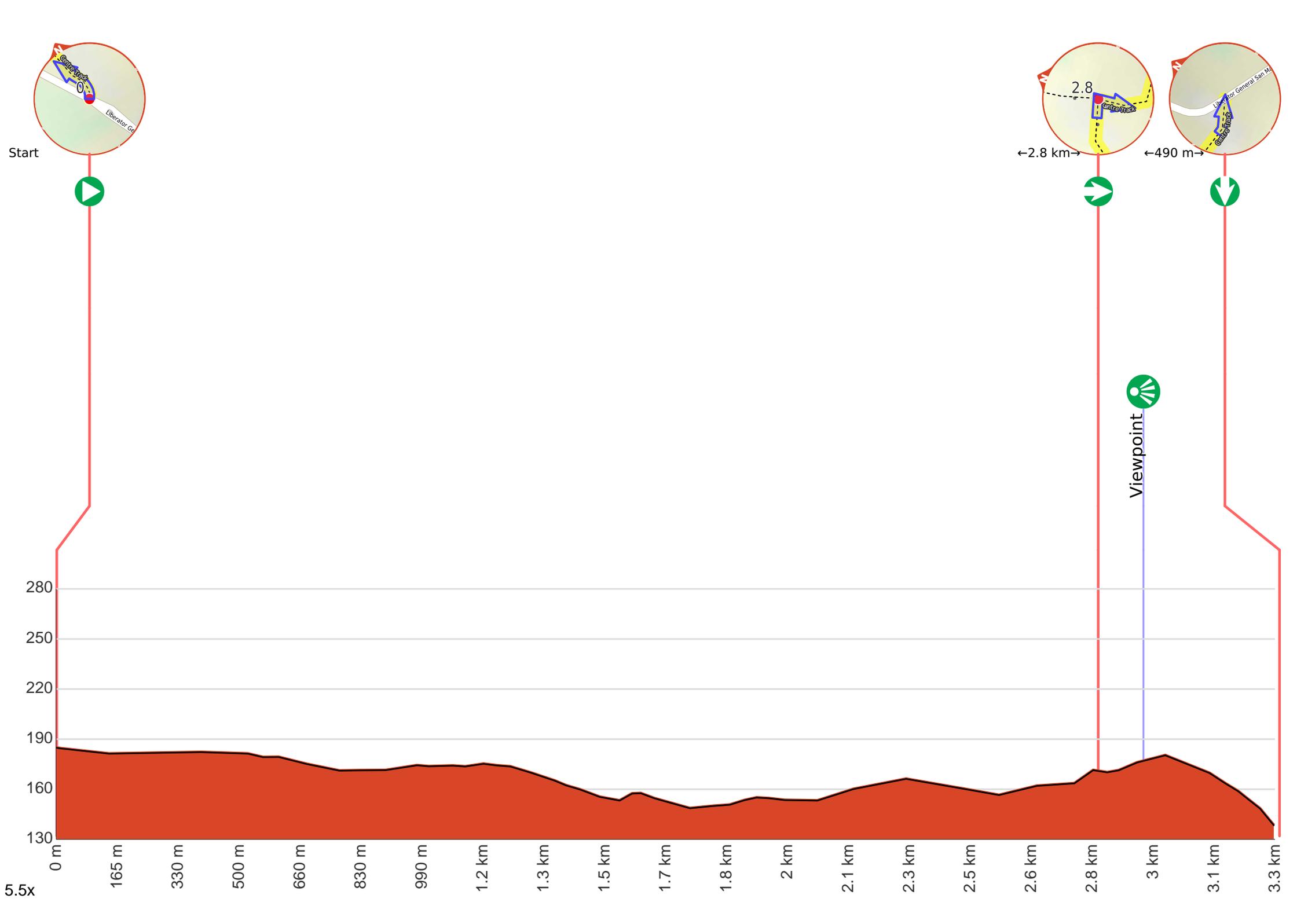
3.3

McCarrs Creek

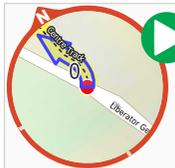
Duck Holes

Wirreanda Creek

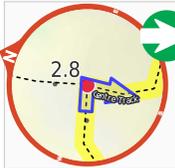




Getting started: The track starts on Coal and Candle Drive, about 20 metres in from the toll gate. From the intersection, the walk passes around the gate (signposted 'Centre Track') and follows the management trail along the ridge line. About halfway along the Centre track walk you will find the Rocky Outcrop (there are several rocky outcrops along the walk) on the Southern side of the track, opposite a rocky knoll with a small overhang cave. From here, there are nice views south across the valley.



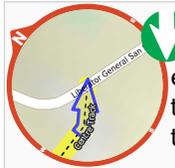
Start.



After another 2.8 km **turn right.**



After another 120 m come to the viewpoint (90 m on your left).



Continue another 370 m to find the end. Then turn around here and retrace the main route for 3.3 km to get back to the start.