



# Gap Creek Rainforest Walk

(Awabakal Country)

50 min to 1 h

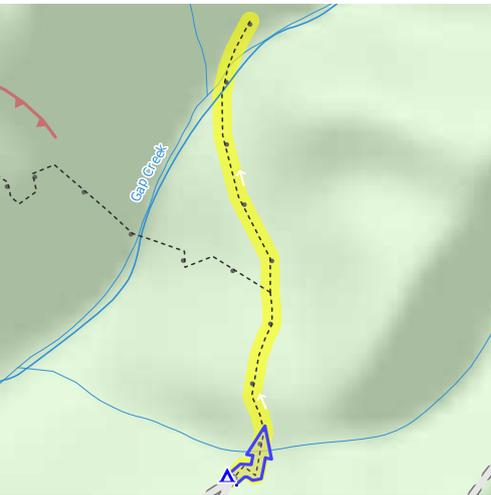
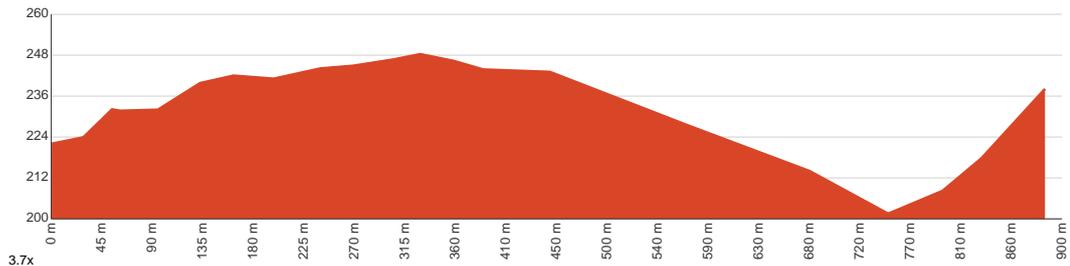
1.8 km  
Return

↑ 112 m  
↓ 112 m

4  
Hard track

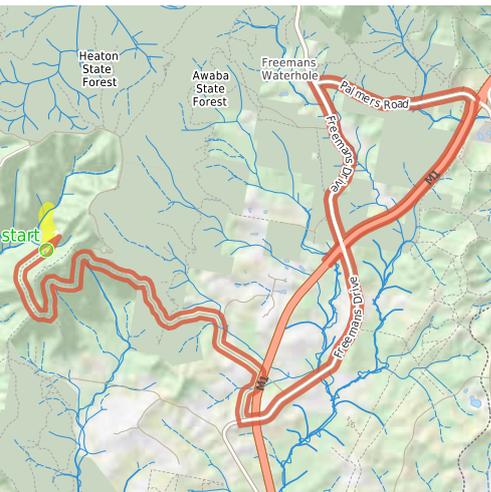


This walk takes you deep into moist rainforest and is well worthwhile. The walk is mostly flat and travels through a varied and healthy rainforest, with strangler fig vines, large older trees and lots of wildlife. If you are lucky, you could find the protected yabbies in the creek at the end of the walk. This walk is a must do, particularly on a hot day. Let us begin by acknowledging the Awabakal people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



<b>Class 4 of 6</b> Rough track, where fallen trees and other obstacles are likely	
<b>Quality of track</b>	Rough track, where fallen trees and other obstacles are likely (4/6)
<b>Gradient</b>	Gentle hills with occasional steps (2/6)
<b>Signage</b>	Clearly signposted (1/6)
<b>Infrastructure</b>	Limited facilities, not all cliffs are fenced (3/6)
<b>Experience Required</b>	Some bushwalking experience recommended (3/6)
<b>Weather</b>	Weather generally has little impact on safety (1/6)

**Getting to the start:** From Pacific Motorway, M1



- Turn on to Palmers Road Exit then drive for 500 m
- Turn left onto Palmers Road and drive for another 90 m
- Turn slight left onto Palmers Road and drive for another 3.1 km
- At roundabout, take exit 1 onto Freemans Drive, B82 and drive for another 8 km
- Turn right onto Mount Faulk Road and drive for another 4.9 km
- Keep left onto Bangalow Road and drive for another 2.8 km
- Turn slight right onto Bangalow Road and drive for another 1.8 km

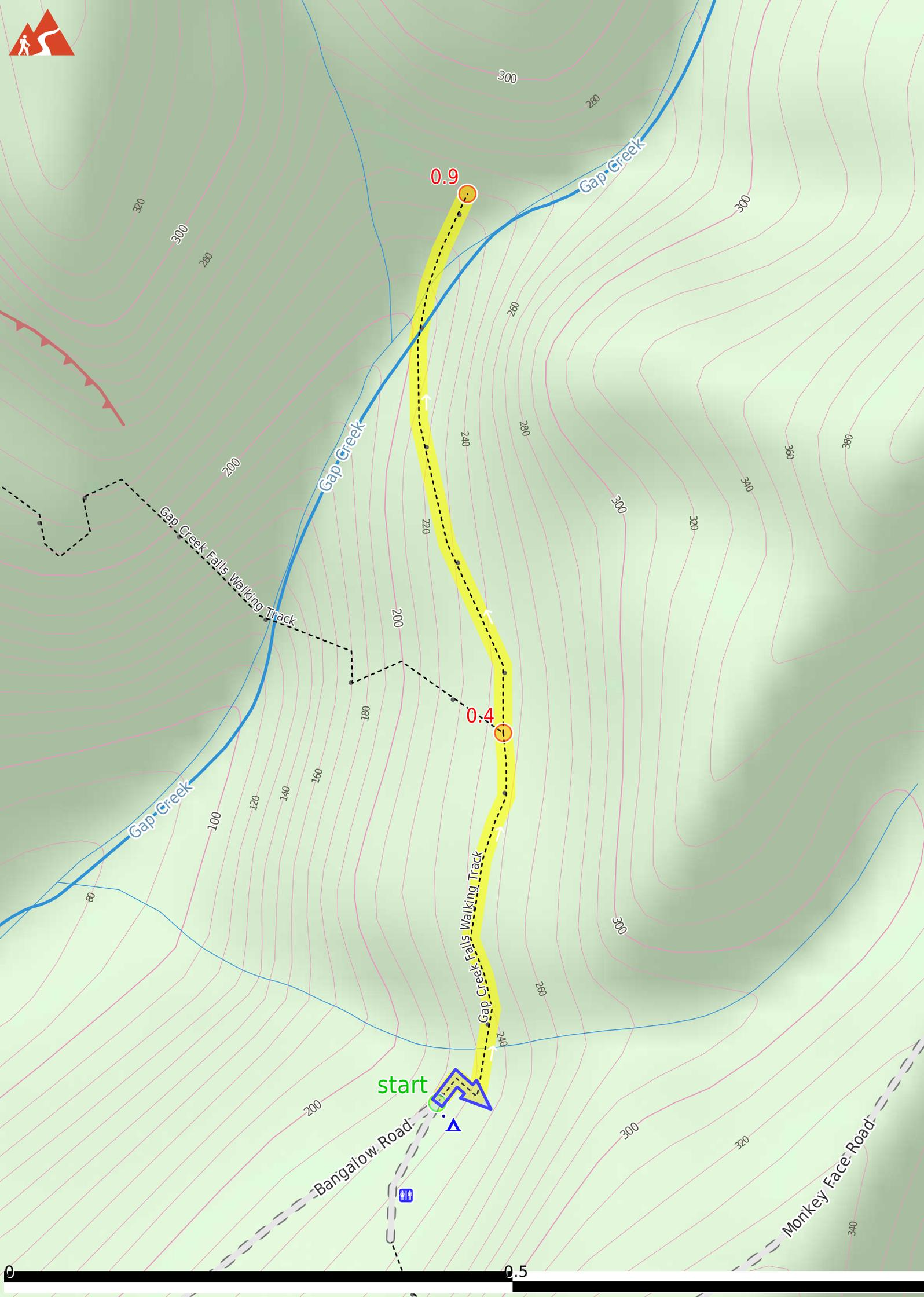
**Before you start any journey ensure you;**

- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

Share  
[Bushwalk.com](http://bushwalk.com/j/ATQAIX)  
[/j/ATQAIX](http://j/ATQAIX)





start

0.9

0.4

Bangalow Road

Monkey Face Road

Gap Creek

Gap Creek

Gap Creek

Gap Creek Falls Walking Track

Gap Creek Falls Walking Track

320

300

280

200

160

140

120

80

100

200

300

280

300

280

280

240

220

200

180

300

320

340

360

380

300

260

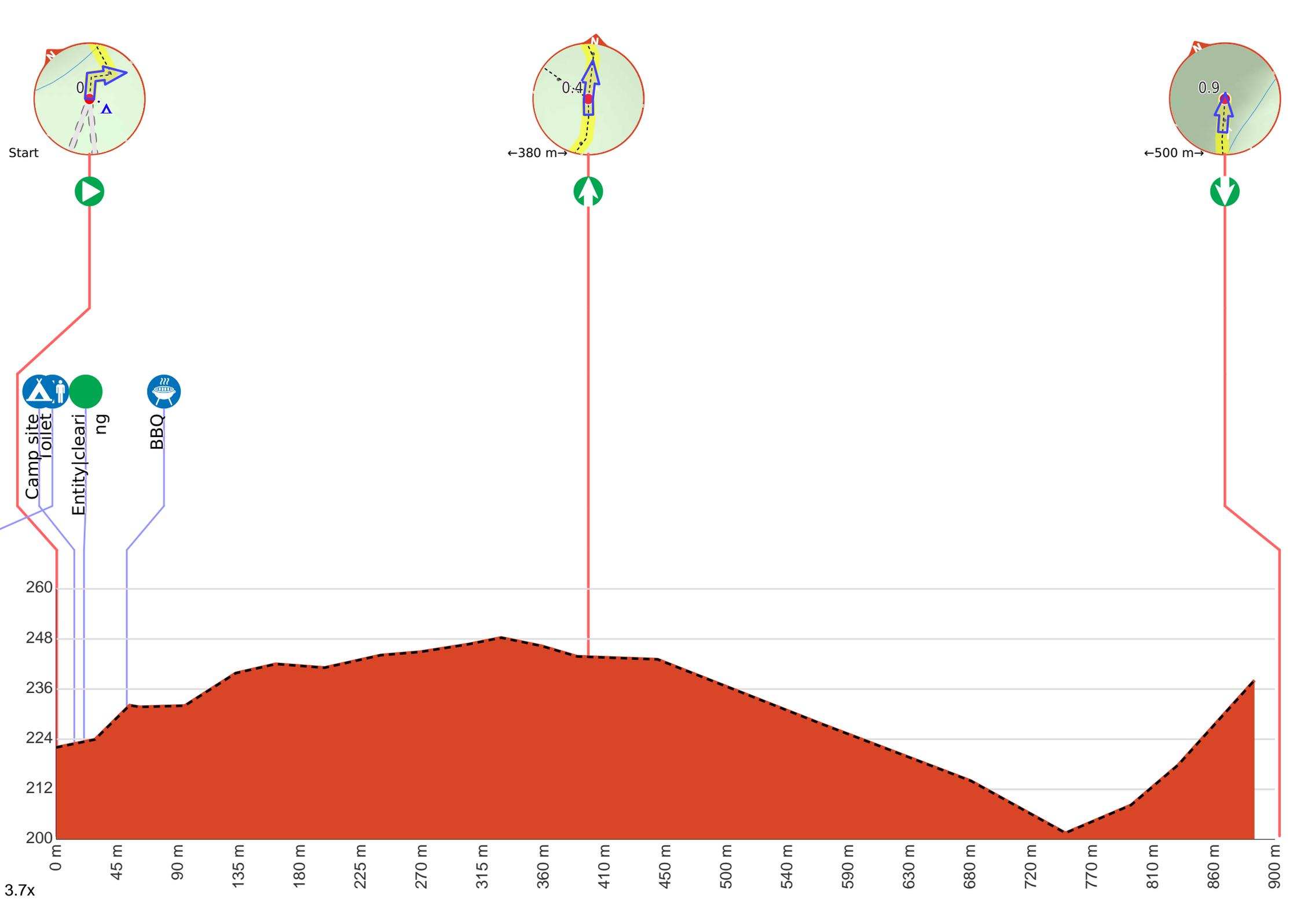
240

300

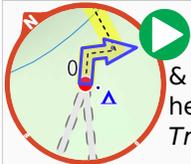
320

340

0.5



**Getting started:** From Gap Creek picnic area, this walk follows the track gently uphill (up steps initially), passing the 'Gap Creek Forest Walk' sign (on your left). The track is followed through moist rainforest for about 400m, until coming to a three-way intersection, with a large dead tree and a 'Gap Creek Fall/Gap Creek Forest Walk' sign.



At the intersection of Bangalow Road & Gap Creek Falls Walking Track **Start** heading along *Gap Creek Falls Walking Track* (a walking track).



There is a toilet (about 105 m back from the start).



Gap Creek Campground (about 15 m back from the start).

W: [www.nationalparks.nsw.gov.au](http://www.nationalparks.nsw.gov.au)

This is a free campsite.



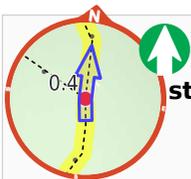
Gap Creek picnic area (about 9 m back from the start).



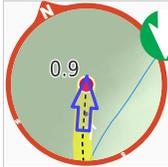
The Gap Creek picnic area is located at the end of Bangalow Road within the Watagans National Park. The picnic area has a barbeque and sheltered picnic tables.



After another 30 m pass the BBQ (5 m on your right).



After another 335 m **continue straight.**



Continue another 500 m to find the end. Then turn around here and retrace the main route for 880 m to get back to the start.



About 50 m past the end is "Gap Creek Rainforest rest area".



The Gap Creek rainforest rest area is within the Watagans National Park and is a secret hideaway surrounded by dense rainforest. This rest area beside Gap Creek has large boulders, pools and cascades to explore, along with protected yabbies to find in the creek. There is also one back-supported timber chair to sit in and listen to the birds. This section of rainforest is a great spot to keep cool in on a hot summer day.