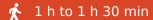


West Head Army Track (Guringai Country)





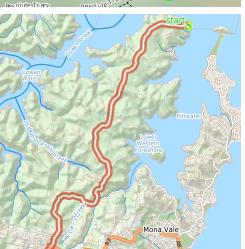




Start this walk from West Head Road parking area. The steep track leads down the West Head's eastern face to a historic army battery. Let us begin by acknowledging the Guringai people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.







Class 4 of 6 Rough track, where fallen trees and other obstacles are likely Quality of track Formed track, with some branches and other obstacles (3/6) Gradient Very steep (4/6) Clearly signposted (2/6) Signage Infrastructure Limited facilities (such as cliffs not fenced, significant creeks not bridged) (4/6) **Experience Required** Some bushwalking experience recommended (3/6) Weather Foretasted & unexpected storms and severe weather may impact on navigation and safety (4/6)

Getting to the start: From Mona Vale Road, A3

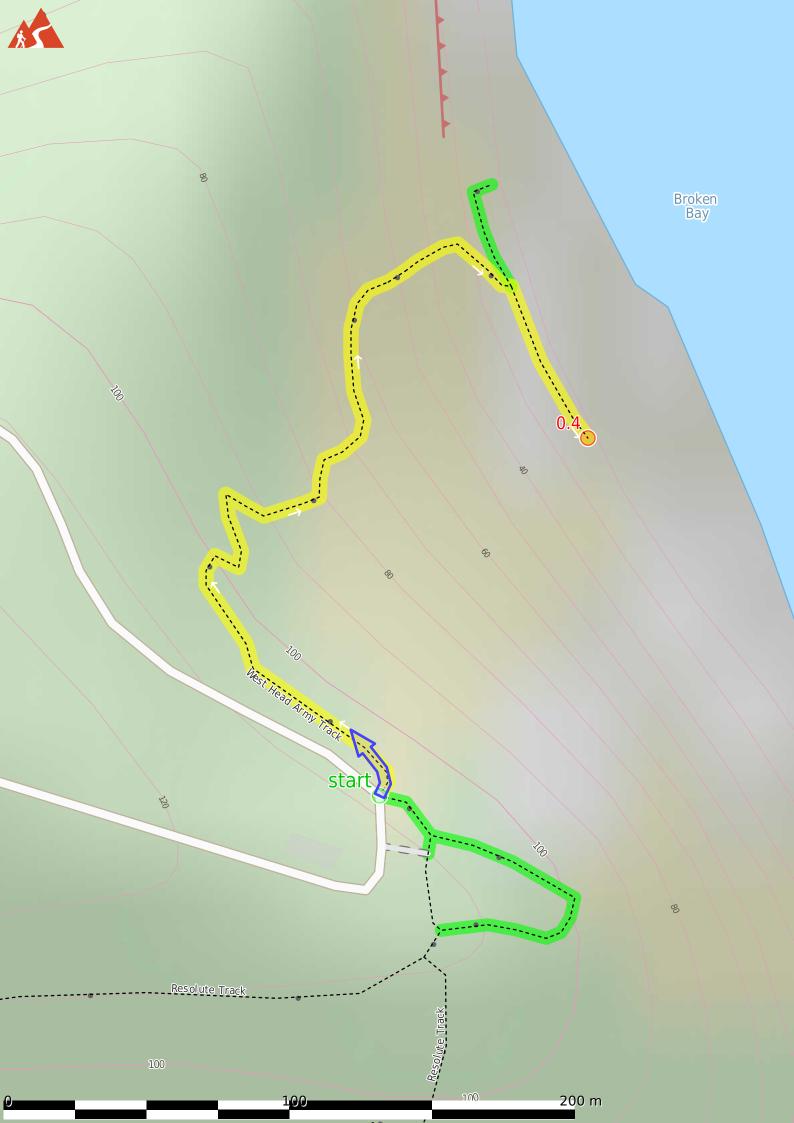
- · Turn on to then drive for 30 m
- Turn slight left onto McCarrs Creek Road and drive for another 25 m
- At roundabout, take exit 2 onto McCarrs Creek Road and drive for another 5 km
- Turn left onto West Head Road and drive for another 350 m
- Turn slight left onto West Head Road and drive for another 13.1 km

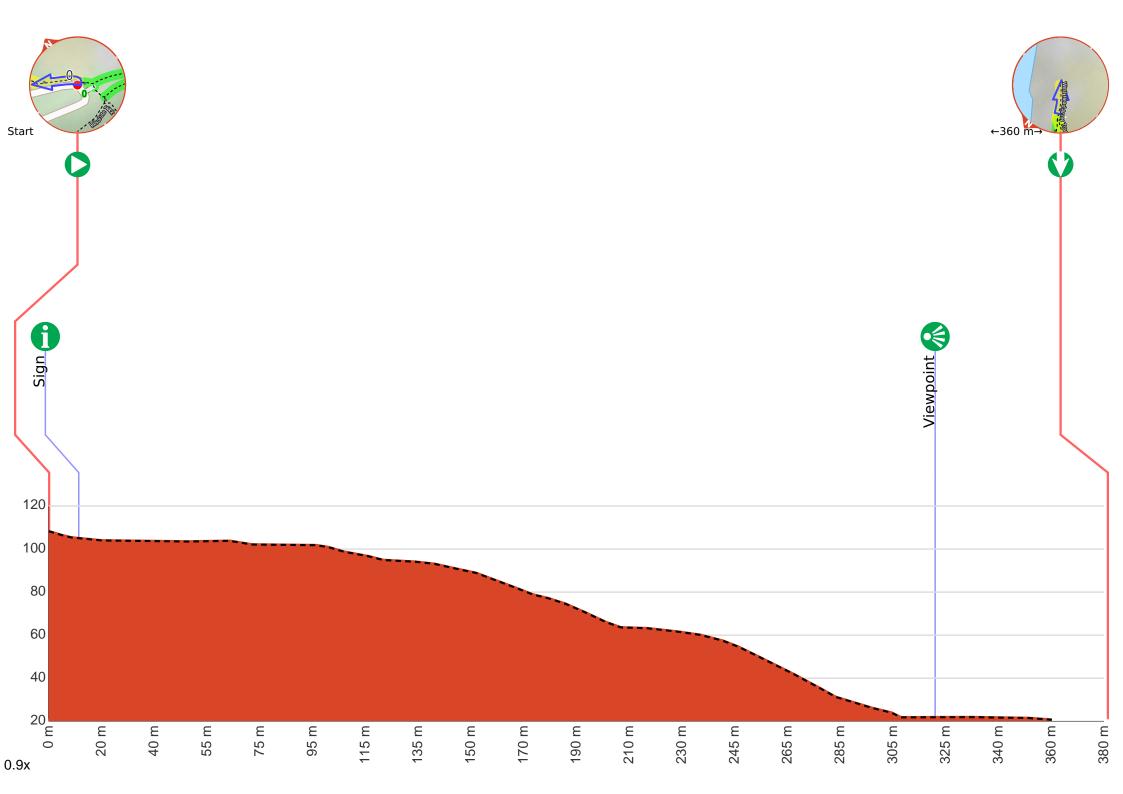
Before you start any journey ensure you;

- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- · Are healthy and fit enough for this journey

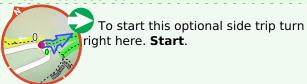
If not, change plans and stay safe. It is okay to delay and ask people for help.

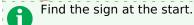


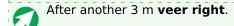




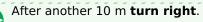
Start of an optional side trip: Side trip to West Head lookout.











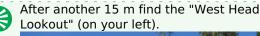
After another 50 m find the "Lion Island View" (on your right).



The upper viewing platform at West Head Lookout provides great views framed by trees to Lion Island and surrounding waterways. There are a few bench seats and some information signs about the 'West Head Battery'. A lovely spot among the eucalypt and angophora forest. Then find the "Seat" (9 m on your right).



A series of 4 timber slat bench seats, 48cm high, 43cm deep and 2.1m wide with no backrest or armrest.



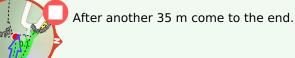


Park is a large paved sandstone viewing area with fantastic views and some interesting interpretive signs. The view spans across the Hawkesbury River to Lion Island to Patonga (Central Coast) also across the Pittwater to Barrenjoey Headland and out to sea. The lookout has a series of bench seats and a low (50cm) stone wall. A lovely place to just sit and soak up the views, and history of the area. Then pass the sign (on your left).

After another 6 m find the "Seat" (8 m on your



A series of 3 timber slat bench seats, 48cm high, 28cm deep, 2.1m wide, a 38cm back rest and no armrest.



About 15 m past the end is a sign.

Turn around and retrace your steps back the 145 m to the main route.

Back at the main route turn right and follow on from the 0 m waypoint.



Find the sign at the start.

After another 290 m come to the viewpoint (on your left).

Start of an optional side trip: Side trip to another army battery.

> To start this optional side trip turn sharp left here. Start.

After another 40 m come to the end.

Turn around and retrace your steps back the 40 m to the main route.

Back at the main route turn left and follow on from the 305 m waypoint.

After another 5 m turn right.

Continue another 55 m to find the end. Then turn around here and retrace the main route for 360 m to get back to the start.







