




# John Whiteway Dr to Tottenham Pl (Darkinjung & Guringai Country)

 1 h 15 min to 1 h 30 min

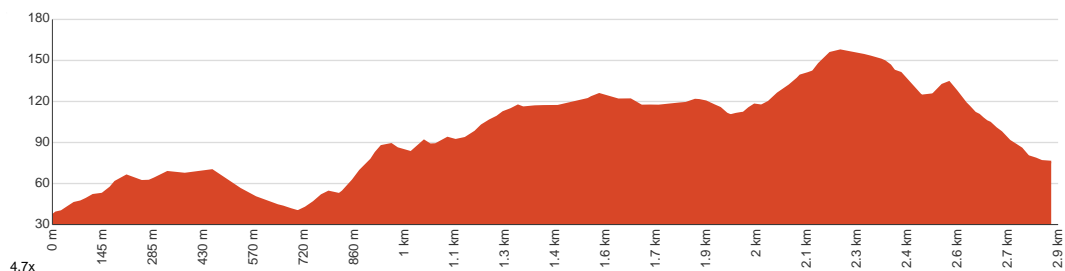
  
2.8 km  
One way

  
↑ 200 m  
↓ 161 m

  
4  
Hard track



An excellent walk, crossing the Rumbalara Reserve and covering plenty of the scenic highlights of the reserve. This walk goes through beautiful pockets of rainforest as well as the drier ridgetop forest, showcasing the great variety of scenery in Rumbalara. There is some steep walking along the way, though the well-formed tracks and steps along much of the walk makes the going easier. The descent to Tottenham Pl is on a less well-defined track. Let us begin by acknowledging the Darkinjung & Guringai people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



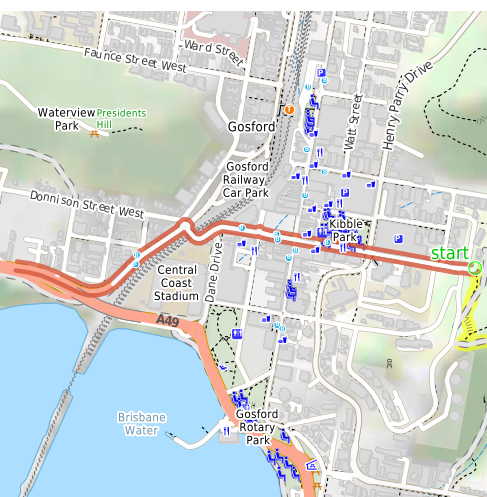
Class 4 of 6

Rough track, where fallen trees and other obstacles are likely

|                            |  |
|----------------------------|--|
| <b>Quality of track</b>    | Formed track, with some branches and other obstacles (3/6) |
| <b>Gradient</b>            | Very steep (4/6)   |
| <b>Signage</b>             | Minimal directional signs (4/6)                            |
| <b>Infrastructure</b>      | Limited facilities, not all cliffs are fenced (3/6)        |
| <b>Experience Required</b> | Some bushwalking experience recommended (3/6)              |
| <b>Weather</b>             | Weather generally has little impact on safety (1/6)        |

**Getting to the start:** From Pacific Highway

- Turn on to Riou Street then drive for 265 m
- At roundabout, take exit 3 onto Donnison Street and drive for another 270 m
- At roundabout, take exit 1 onto Donnison Street and drive for another 600 m
- Keep left onto Henry Wheeler Place and drive for another 35 m
- Continue and drive for another 30 m



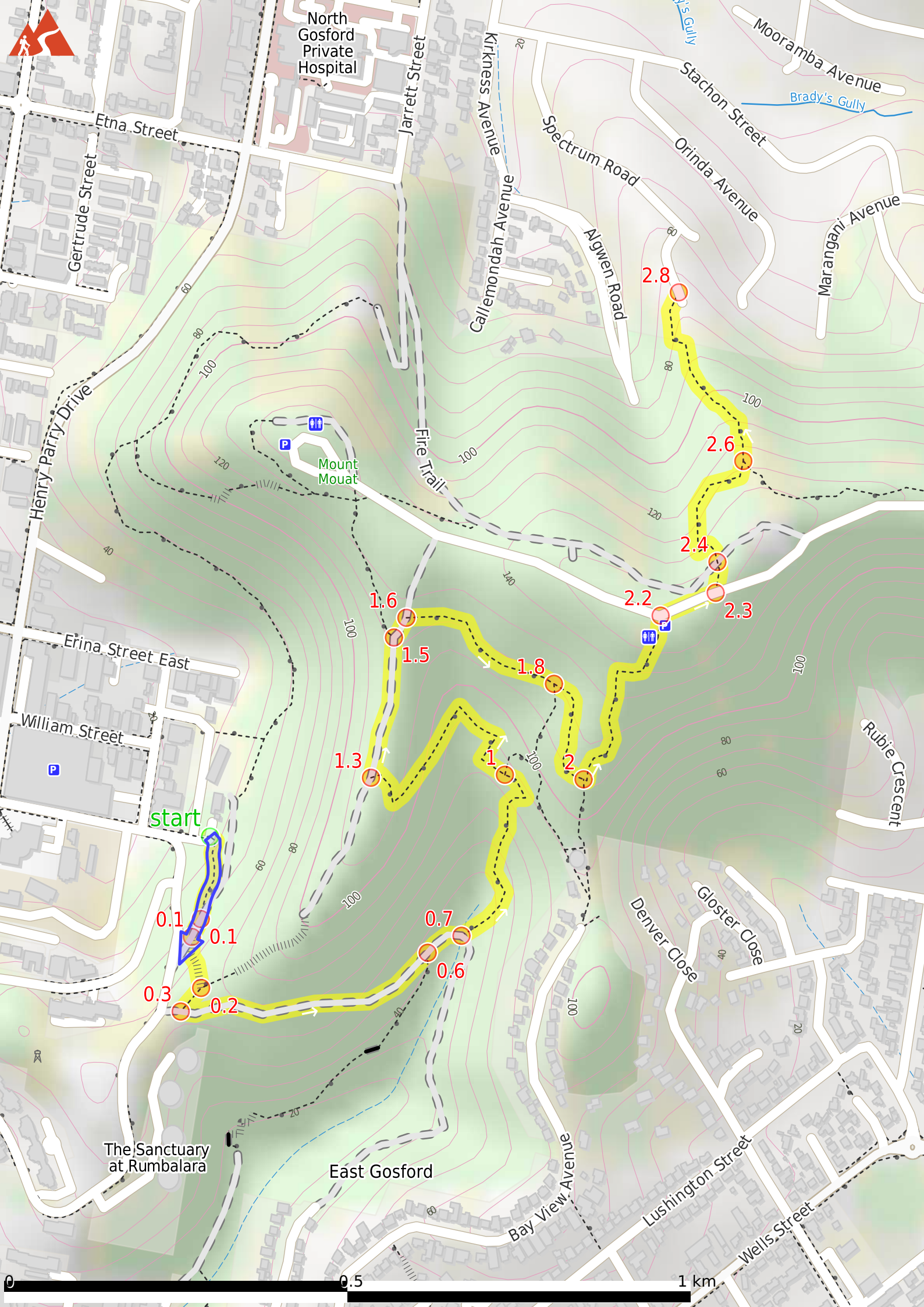
## Before you start any journey ensure you;

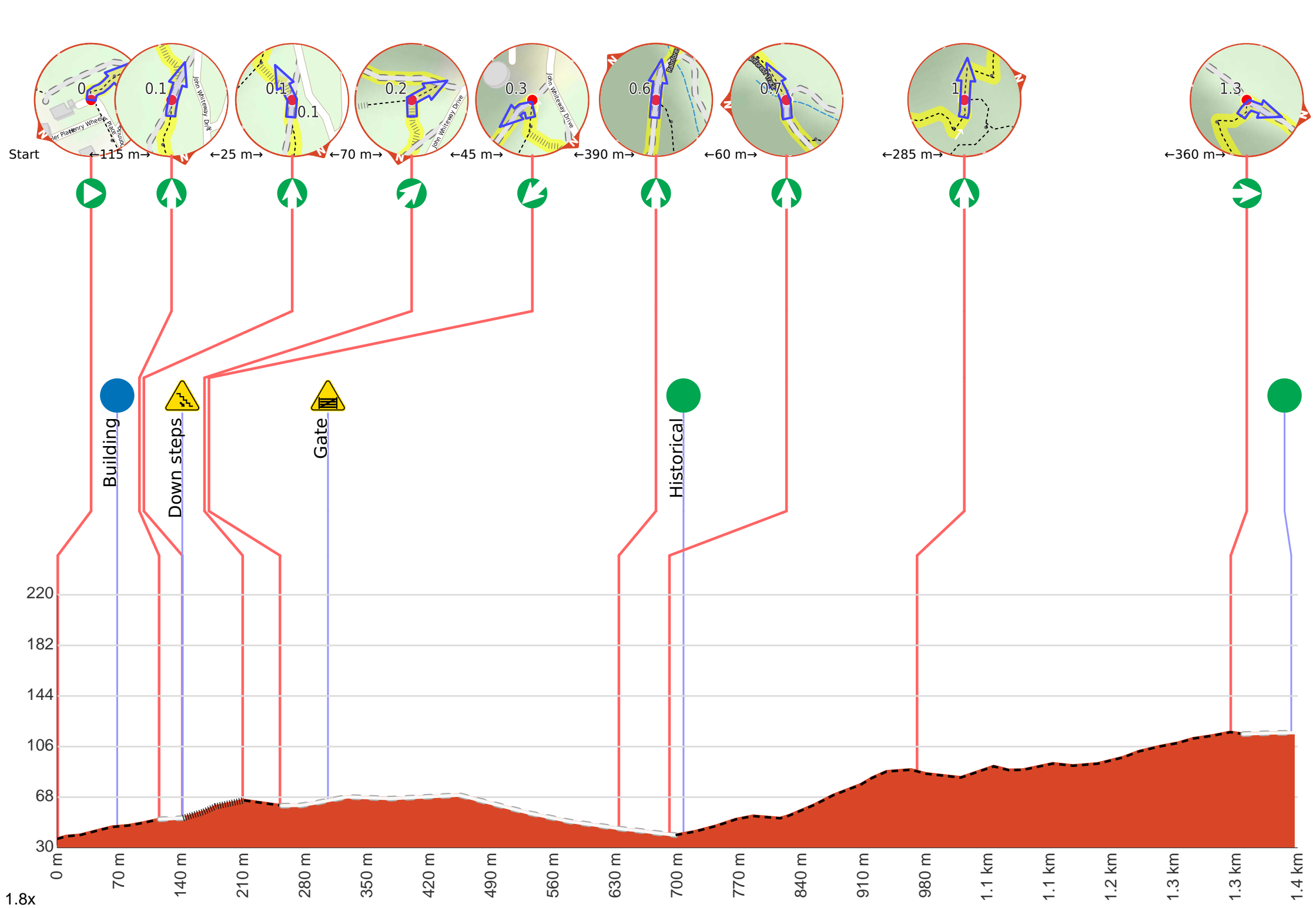
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

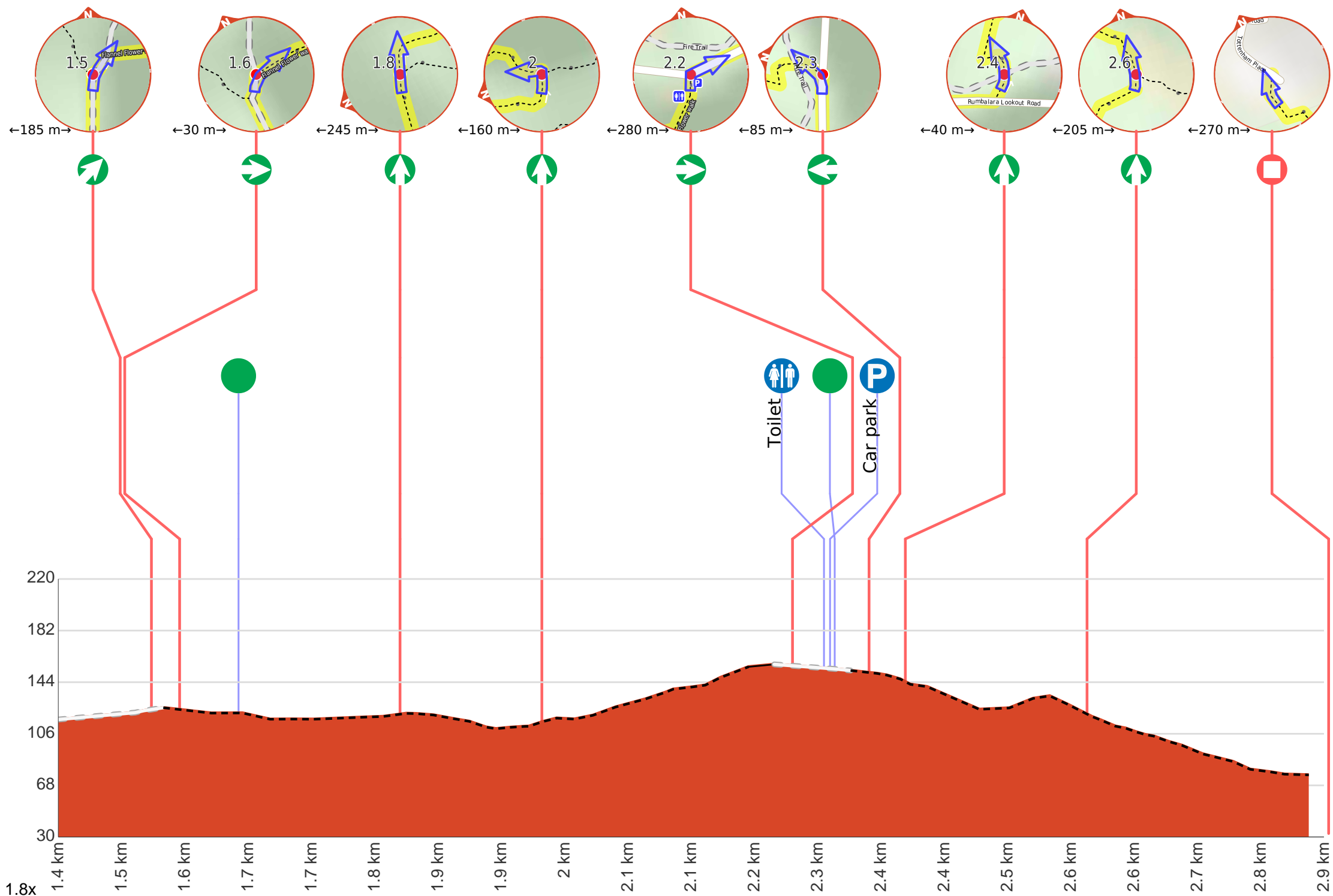
Share  
[Bushwalk.com](https://bushwalk.com.au/j/POD45V)  
[/j/POD45V](https://bushwalk.com.au/j/POD45V)



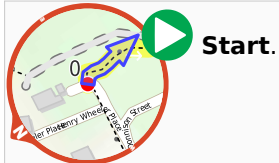








**Getting started:** From the car park, this walk follows the 'Rumbalara Environmental Education Centre' arrow along the paved footpath to the trackhead at the back of the buildings, signposted 'Walking Trail'.

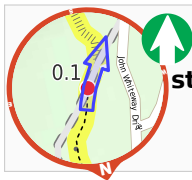


**Start.**

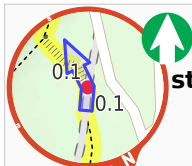
After 70 m find the "Rumbalara Environmental Education Centre" (20 m on your right).



This centre is 'a New South Wales Department of Education and Training facility that provides environmental education and field work opportunities to students, teachers and the community of the Central Coast'. The centre is at the end of Donnison St, Gosford and is a good access point to some of the walking tracks in the adjoining Rumbalara Reserve.



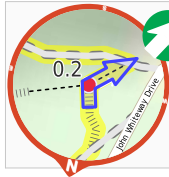
After another 50 m **continue straight**.



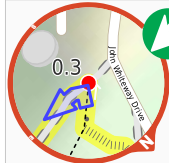
After another 25 m **continue straight**.



Then head down the steps (about 70 m long)



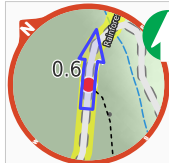
**Veer right.**



After another 45 m **turn sharp left**.



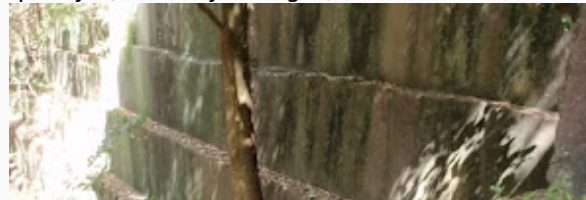
After another 55 m head through/around the gate.



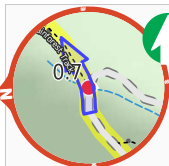
After another 330 m **continue straight**.



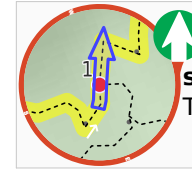
After another 75 m find the "Cappers Gully quarry" (7 m on your right).



This old quarry site is beside Cappers Gully in the Rumbalara Reserve, Gosford. The area is fenced off for safety reasons. The neat, square-cut walls of the quarry make an interesting sight on the walks in the area.



**Continue straight**, to head along Rainforest Track.



After another 285 m **continue straight**, to head along Rainforest Track.



After another 360 m **turn right**.



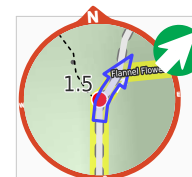
After another 70 m find the "Casuarina" (15 m on your left).



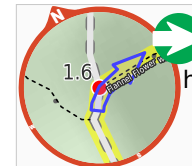
Commonly known as the she-oak, sheoak, ironwood, or beefwood, casuarinas have 'delicate, slender ultimate branches and leaves that are no more than scales, making the tree look more like a wispy conifer'. There are 17 species of Casuarina 'native to Australasia, southeastern Asia, and islands of the western Pacific Ocean'.



After another 55 m pass the "Statue" (6 m on your right).



After another 60 m **veer right**.

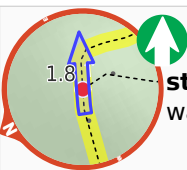


After another 30 m **turn right**, to head along Flannel Flower walk.

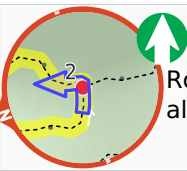
After another 65 m find the "Flannel Flower" (10 m on your left).



Actinotus helianthi, popularly known as the Sydney flannel flower, is frequently spotted by spring-time bushwalkers in the Sydney region. Generally growing up to 50 cm, the stem, branches and leaves of the plant are a pale grey in colour, covered in downy hair (rather like flannel in texture).



After another 180 m **continue straight**, to head along Flannel Flower walk.



After another 160 m (Very Steep Rocky path) **continue straight**, to head along Flannel Flower walk.

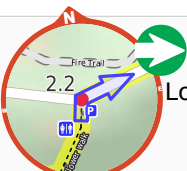


After another 315 m pass the toilet (15 m on your left).

After another 10 m find the "Rumbalara Reserve Flora and Fauna" (20 m on your right).



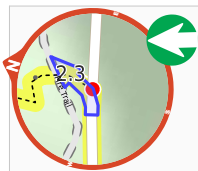
The reserve is home to a wide range of flora and fauna. The vegetation types range from the relatively dry 'Coastal Narrabeen Ironbark Forest' to pockets of 'Coastal Warm Temperate Rainforest'. Commonly seen birds include Kookaburras, Eastern Rosellas and Magpies. Rarer birds such as the Glossy Black Cockatoo and Swift Parrot are sometimes sighted here as well. Sugar Gliders, Brush-tailed possums, Blue-tongued lizards and Tree snakes can be seen in the reserve if you are patient and lucky enough.



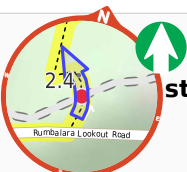
**Turn right**, to head along Rumbalara Lookout Road.



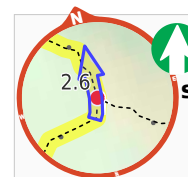
After another 40 m pass the car park (10 m on your right).



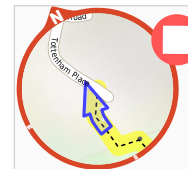
After another 45 m **turn left**.



After another 40 m **continue straight**.



After another 205 m **continue straight**.



After another 270 m come to the end.